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Meet the Employee Benefits Manager



Wendy Weaver, MBA
Employee Benefits Manager

Please help us in welcoming Wendy Weaver as our new Employee Benefits Manager. Wendy came to the City in November, after serving for more than five years as the Deputy Director of Employee Benefits at Summit County. She brings a wealth of knowledge to the City's benefits program with over 22 years of prior benefit experience. Wendy has a BBA in Human Resources and a Master of Business Administration.

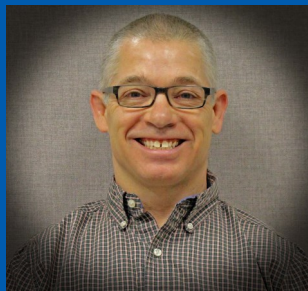
Wendy's vision is to ensure that the City of Akron employees receive the best possible benefits, while maintaining affordability. Furthermore, she will be seeking ways in which to assist employees to better understand all of the benefits afforded to them. Under Wendy's direction, the Benefits office has conducted open enrollment for both full-time employees as well as the retirees. The Department of Human Resources looks forward to Wendy's guidance as we seek to offer a benefits package aimed to best serve you.

Mission

The Department of Human Resources is committed to serving the citizens of Akron by promoting and supporting organizational excellence through strategic partnerships and collaboration with other City departments and administrators by recruiting, hiring, training and retaining a diverse and competent workforce in a healthy, safe, and productive work environment.

Meet the Health Education Specialist

Matt began his career with the City in the Akron Health Department, Division of Health Promotion in 1990. He was originally assigned to the Childhood Lead Poisoning prevention program but by 1991 he was working with the Akron Police Department physical fitness program. In 1993, he became the coordinator of Health-Works, the City's Employee Health Promotion Program. Matt received his Bachelor's Degree in Health Education from Youngstown State University in 1982 and his Masters of Arts Degree from Kent State University in 1990 with an emphasis in Worksite Health Promotion. He has been an American College Sports Medicine (ACSM) Certified Health/ Fitness Specialist.



Matt Carson
Health Education Specialist

Not surprisingly, Matt is a fitness enthusiast. He has participated in at least one competitive bicycle race for 32 years in a row and has not missed more than 2 consecutive weeks of training in that period. He has competed in 100 mile ultra-endurance backcountry mountain bike races, 24 hour mountain bicycle relay races, road cycling races, triathlons, and a few running races. Matt and his wife Lisa will have been married for 28 years this April. They have 2 children, Kate and Zac, and live in Ellet.

Meet the Employment and Selection Manager



Stacey Doty
Employment & Selection
Manager

Stacey Doty is responsible for Employment and Selection for classified employees hired by the City of Akron. Her responsibilities include Employee Selection, Test Construction, Job Analysis, Training and Classification. Stacey earned a B.A. Summa Cum Laude from Kent State University where she was a member of the Honors College. In 2001, she earned her *Professional in Human Resources* certification from the Society for Human Resource Management, a nationally recognized HR organization. In 2016, Stacey was certified by the International Public Management Association for Human Resources as a Senior Certified Professional – IPMA-SCP.

Stacey has nearly 22 years of experience with the City of Akron Department of Human Resources. She lives in Akron with her husband of 17 years, Clayton, and her three children.



AkronReads

The City of Akron has once again partnered with the AkronReads Program. Four members of the Department of Human Resources have taken advantage of this rewarding volunteer opportunity. Our volunteers are: Jackie Nemet, Rose Paulus, Donald Rice, and Myra Snipes. Here is what a few of our volunteers have to say about their experiences:

"Can't beat the excitement, when a child learns a new word, subject or finally conquers that book they've been too nervous to read. Reminds us all to keep trying"

"AkronReads is about more than just helping a child learn to read. It's also about forming bonds with the children in the community, and investing in our future leaders."



Health Tips...from the desk of Matt Carson

Hey Coach!



Got some questions for the coach? Need a little help getting your fitness and/or diet back on track? [Ask a coach](#). City employees who participate in 3 or more coaching sessions and submit the coaching report form signed by the coach will be entered into the raffle for a **FitBit Flex and five \$25 Dicks Sporting Goods Gift cards** on April 28, 2017.

With all the information out there, a Health Coach can help you sort out truth from fiction. A coach can help you customize a program based on your individual challenges and goals, and resources. There is no “one-size-fits-all” approach that’s going to work for everyone, and figuring out the most nourishing diet and lifestyle for you isn’t easy. So take the coaching challenge and move toward better health.

To Participate in Hey Coach!

1. Choose a coaching area; Fitness, Nutrition, Stress Management, or Tobacco Cessation.
2. Contact [Ease@work](mailto:ease@work) and schedule your coaching sessions by calling ease@work at 800-521-3273 or go to easeatwork.com (username: Akron; password EASE).
3. Participate in 3 coaching sessions and have your coach complete the “Coaching Report Form.”

Return the “Coaching Report Form” to:
Matt Carson
Benefits Office, CitiCenter Building
146 S. High Street Suite 120
Akron, OH 44308
or
email to Mcarson@akronohio.gov.

For more information call 330-375-2337

Coaching is FREE

City employees and family members are eligible for **6 coaching sessions** for fitness, nutrition, stress management and tobacco cessation. The sessions can be in person, telephonically or online. Call ease@work at 800-521-3273 or go to easeatwork.com (username: Akron; password EASE) to find out more.

Tuesday Lunch & Learn Series 2017

Join the health and fitness experts from ease@work for insightful discussions on topics that affect your everyday health. Bring your lunch and get a chance to win a FitBit Flex.

March 14, 2017

-What’s in Your Cart? A Guide for Menu Planning and Grocery Shopping

March 28, 2017

-Memory Wellness

April 11, 2017

-What You Need to Know about Your Biometric Screenings

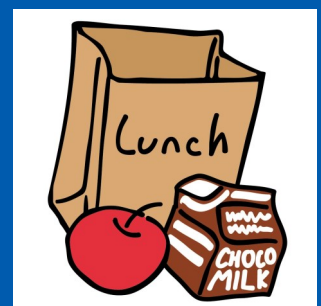
WHEN:

Lunchtime (12:10 pm to 12:50 pm)

WHERE:

**CitiCenter Athletic Club
Conference room, 5th floor**

All attendees will be entered into a raffle for a Fitbit Flex



Marathon



Marathon Veteran Jamie

Chin: *Putting in the Work*



"I have used the City of Akron marathon comp program for many years now to run the half marathon and last year to run my first full marathon for **FREE**. Signing up for a race is a great way to start running; you will feel a great sense of accomplishment crossing the finish line! The comp codes can be used on any race you like, not just the marathon or half marathon. See how fast you can run the 1 mile race in the Interstate race in June, challenge yourself to train for the Goodyear 10K in August, or put together a relay team for the marathon course in September. Everyone starts somewhere and trains on their own schedule. I find using my lunch hour is the best way for me to get training runs in, I have a very busy schedule working 2 jobs and I have 3 kids at home. If I can do it so can you. Get out there and get training!" Jamie is an employee in the Department of Human Resources – Employee Records Division.

Rubber City Race Series COMP Program

City Employees can **run for free**. You just have to make the commitment to train. The Akron Marathon, through its partnership with the City, is again providing a limited number of Complimentary Entries for Rubber City Race Series events (www.akronmarathon.org) which culminates with the Akron Marathon in September. Comps are provided on a first come, first serve basis and are good for one race only. Please email Matt Carson at mcarson@akronohio.gov for registration information or call 330-375-2337 if you have questions.



Training

Supervisory Training



Acquire the skills and knowledge to become a productive manager/supervisor for the City of Akron by attending a training class this year. View the [training schedule](#) under 'Employee Development Training' and complete a [training nomination form](#) and return to Myra Snipes via fax (330-375-2659) or interoffice mail (Human Resources -CitiCenter Suite 130). Should you have questions, please call 330-375-2704.

[2017 Supervisory Training Schedule](#)



Telephone Doctor

Customer Service Online Training

The Department of Human Resources, in conjunction with the Telephone Doctor vendor, is offering Customer Service training using computer-based training methodology (CBT). Computer-based training provides employees the ability to learn "new skills" by reading and/or listening to a computerized presentation online.

The ServiceSkills, computer-based training library, has over 100 techniques designed to provide the employee immediate and long-term customer service behavior modification. Employees who register for the Telephone Doctor course have the opportunity to take 20 plus courses within a 10 month period at cost of \$55 per person..**What a deal!** See sample course list below:

- * Basic Telephone Skills
- * Dealing With Difficult Customers
- * The Five Forbidden Phrases
- * How to Handle the Irate Caller
- * Six Cardinal Rules of Customer Service

If you would like to register for the Telephone Doctor Customer Service Online training, contact **Myra Snipes** at 330-375-2704 or send her an email at msnipes@akronohio.gov.

SHOUT OUT!!!

Show your employees that they are appreciated!



City managers, take the time to show your employees that you notice their hard work! The Department of Human Resources has taken to social media to showcase our employees who go the extra mile. We encourage you to nominate your employees to receive an employee shout out. Don't forget, this is a great way to showcase your exceptional employees for all of the citizens of Akron to see.

To nominate an employee, please **e-mail Jackie Nemet** at jnemet@akronohio.gov.

Skill Builders

Attention City Employees!

Attend **FREE** EAP **Skill Builders** in 2017 so you can learn skills and information necessary to work in a diverse workforce.

What are Skill Builders? Skill Builders are e-learning courses that can be completed in 15-20 minutes. Each offers a visual presentation, brief online quizzes, and a printable certificate.

All City employees are *strongly encouraged* take the following EAP Skill Builders below by June 2017.

SKILL BUILDERS COURSES:

Business Etiquette and Professionalism

Cultural Diversity in the Workplace

Effective Communication

Say What You Mean the Right Way: Healthy Forms of Communication

The Art of Conflict Resolution

How to get started?

1. Complete a [Training Nomination Form](#) from the [Intranet](#) (Human Resources), and return it to the Department of Human Resources Training/EEO Office, Suite 130, CitiCenter.
2. Upon approval from management, you may take your skill builder training at your desk or attend [Open Lab](#) on **Wednesdays beginning March 8th**.
3. Select the [Employee Benefits](#) tab from the [Intranet](#).
4. Click on the hyperlink [Ease@Work Member Login](#).
5. Enter the username: Akron and password: EASE.
6. In the right hand corner click on button EASEy Access.
7. Scroll down until you see the word "Skill Builders" and double click on the plus sign found in the right hand corner.
8. Begin taking a "Skill Builder" course.

Certificate

Upon completion of a skill builder course, print the **certificate of completion with your name**. Subsequently, either e-mail a copy of your certificate to msnipes@akronohio.gov or inter-office it to **Myra Snipes-Training/EEO Officer**, Department of Human Resources, Suite 130 CitiCenter. Once received, your data will be added to the Training/EEO database. Should you have any questions, please do not hesitate to contact Myra Snipes, at extension 2704.

